



## Participant's Agreement (Informed Consent)

Date: \_\_\_\_\_

Name of Participant: \_\_\_\_\_

### DESCRIPTION OF RISKS

1. In consideration of my participation in the sport of curling and the programs, activities and events of the Galt Curling Club (the 'Organization'), the Parties hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the sport of curling and the programs, activities and events of the Organization and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:
  - a) Being struck by a broom, brush or curling stone;
  - b) Physical exertion, movements, turns and stops;
  - c) Dry-land training including weights, running and massage;
  - d) Executing strenuous and demanding physical techniques in curling;
  - e) Exerting and stretching various muscle groups;
  - f) Falling because of slippery ice, or uneven or irregular ice surfaces;
  - g) Falling while delivering the curling stone, skipping or sweeping;
  - h) Physical contact with other participants, spectators, equipment and vehicles;
  - i) Running or sliding on the ice surface;
  - j) Spinal cord injuries which may render me permanently paralyzed;
  - k) Stepping onto the ice surface from the walkway or onto the walkway from the ice surface;
  - l) Stepping over dividers that divide one sheet of ice from the next;
  - m) Strenuous cardiovascular workouts;
  - n) Failure to participate within one's abilities;
  - o) Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
  - p) Travel to and from competitive events and associated non-competitive events which are an integral part of the Organization's programs, activities and events; and/or
  - q) Weather conditions which may result in hypothermia.
  - r) **This includes the novel coronavirus, COVID-19, which has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious. Your club has put in place preventative measures to reduce the spread of COVID-19; however, the club cannot guarantee that the Participant will not become exposed to or infected with COVID-19. Further, participating in the club activities may increase the Participant's risk of contracting COVID-19 and such exposure could result in personal injury, illness, permanent disability, or death.**
  
2. Furthermore, I am aware that:
  - a) Injuries sustained in curling can be severe;
  - b) The Participant may come into close contact with other participants, including the possibility of accidental contact;
  - c) The Participant may experience anxiety while challenging themselves during the activities, events and programs;
  - d) The Participant's risk of injury is reduced if they follow all rules established for participation; and
  - e) The Participant's risk of injury increases as they become fatigued.

3. Accepting the risks identified in 1 & 2 above, I agree to abide by the Head Gear Policy as per Curling Canada Recommendations as described below:

- a. **Protective head gear is recommended for all curlers.**
- b. Head gear is **mandatory** for anyone under the age of 12 and all school groups (as per OPHEA guidelines)
- c. Curling Canada strongly recommends that head gear be worn by:
  - i. Anyone 12 years of age up to 18 years of age
  - ii. Inexperienced curlers such as those participating in a **Learn-To-Curl** program
  - iii. Anyone who is vulnerable (poor balance or mobility) due to medical or other conditions
- d. **Head gear must be a curling-specific helmet or a CSA-approved helmet (hockey or bicycle).**

**ASSUMPTION OF RISKS**

**I AGREE TO BE RESPONSIBLE FOR MYSELF**

***(OR FOR MY CURLER 18 YEARS OF AGE OR YOUNGER IF I AM SIGNING AS A PERSON OF AUTHORITY ON THEIR BEHALF)***

I am participating voluntarily in the sport of curling. I agree that there are risks in curling as described above. By participating voluntarily in curling, I am exposed to these risks and hazards. I agree to accept these risks and be responsible for any injury or other loss that I might receive while participating in curling.

If something happens to me, I release the organizers from any claims, demands, actions and costs which might arise out of my participation. In this agreement, I understand 'organizers' to mean the Galt Curling Club and its directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, sponsors, owners/operators of the facility, and representatives.

**ACKNOWLEDGEMENT**

**I Acknowledgement making this Agreement.**

This is a legal agreement. I agree that I have read and understood the agreement. It is binding upon myself as well as on my heirs, executors and representatives.

\_\_\_\_\_  
**Printed Name** of Participant

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date signed

**E-MAIL (PLEASE PRINT)** \_\_\_\_\_

**PHONE #** \_\_\_\_\_

**EMERGENCY CONTACT:** \_\_\_\_\_

(NAME)

(PHONE)

**\*emergency contact should be someone in/near Cambridge who can be available immediately\***